

KIMBERLY N JENNINGS, CT

QUANTUM ENERGETICS , BIOFIELD EXPERT & CRYSTAL THERAPIST

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Healing Arts

Objectives: Biological information fields form an active, constantly resonating biofield. This biofield and its interconnections provide for a continuum for rapid, coherent intercommunication throughout the body. The vibrations and waveforms in this biofield can be changed, meaning that anyone can collapse the current reality such as an injury pattern or some stuck situation within the body or emotions and introduce one of many other new possibilities that are more useful. Disease may be defined as a disruption, cessation or distortion arising in the biofield of these information fields. Physical and emotional injuries impair communication at the cellular level. The application of Energy Medicine re-establishes the flow of biological information so that the body can better respond to stimuli in its internal and external environments.

Experience:

Lumieres Healing Arts : Energy Medicine~ Quantum Energetics: 10/2008-Present (Self Employed)

Energy is the source of life. It courses through our bodies in pathways and patterns that anyone can learn to access and influence. If balanced and flowing energy keeps us healthy, grounded and happy. Energy Medicine is a comprehensive modality for locating and clearing energy shields we hold up for ourselves to protect us that have great weight, connecting us to the source, and balancing all systems for optimal flow. Reweave your biofield, hook up your meridians, balance your chakras, learn your body's energy anatomy. Banish brain fog, fatigue, insomnia, food and chemical sensitivities, stress, dormant libido, allergies, aches and pains, and chronic conditions. Retrain your body's energies to flow unimpeded, bringing fresh nutrients to your organs and tissues, altering your stress response, and bringing you into a place of grounded balance. Energy Medicine involves gentle yet profound exercises, self-care techniques.

An Angel's Influence : Holistic Health Education~Crystal Therapy 08/1999-Present (Self Employed)

Crystals absorb, focus, direct and diffuse our energy fields to enable a diseased or out of balance body to find it's natural energetic rhythm once again. The appropriate crystals can be placed on the seven main chakras, which look like different colored spinning wheels of subtle energy, running up the centre of the torso. These link the subtle energy fields of our aura with our emotions, glands, organs, physical body parts and subtle and physical circulatory flows. This is why wearing certain crystals such as yellow citrine

may uplift you, rose quartz may help to ease heartache, and amethyst may calm a busy mind and help you to sleep. If you know what effect each type of crystal has according to its colour, shape and mineral content, then you can make use of them to initiate a specific effect on the energy balance of chakras, meridians, energy, organs and emotions. Usually crystals with the points facing away from the problem area move the energy away from that area, and crystals placed with the points facing inwards recharge the body with subtle energies. You can wear the appropriate stone for healing as a bracelet, necklace or pendant. The healing may take some time as the crystal is only in contact with one small area of the body. You can place crystal layouts on yourself as described earlier. You can also put the appropriate stones or layouts on a photo or drawing of yourself for an appropriate period of time.

Endeavors

- ~Member of the American Holistic Medical Association for Energy Medicine
- ~Energy Medicine Practice in WI inside: Agea Spa 217 S Nicolet Rd Appleton 1.920.955.2772
- ~Expert Speaker on "Ask Your Angels" RadioShow for Holistic Health Options and Self Empowerment
- ~Stress Management Skills training/counseling with a holistic approach, groups or individuals
- ~Yoga & Energy Wellness Retreat Facilitator in Costa Rica
- ~Yoga & Energy Wellness Retreat Facilitator in Bali, Indonesia
- ~Energy Medicine at Balancing Energy Health & Yoga Center in Dallas
- ~Energy Wellness Facilitator for Staff of Urban Flow Yoga in San Francisco
- ~Energy Medicine at Briala Bodyworks in Lancaster, PA
- ~Energy Medicine in Hamilton, Bermuda at The Health Coop 2009-2011
- ~Custom Healing Jewelry Design though Lumieres Healing Art sold all over the world
- ~Expert speaker for educating on holistic options including nutritional support at Wellness Centers ~Energy
- ~Energy Medicine (Quantum Energetics & Crystal Therapy) in Bermuda at My Sereni-Tea 2012-2013
- ~Diamond Distributor for Richway's Amethyst Biomat
- ~Isagenix Cellular Nutrition Retailer & Manager
- ~Essential oil education for Holistic Health Implimentation with doTERRA Certified Therapeutic Grade Oils
- ~WALA Conference Speaker March 2014 re: Holistic Health Options for the Elderly

Specialties:

Energy Medicine, Biofield Expert, Trauma Release, Stress Management, Personal Energy Management, Quantum Energetics Healing, Essential Oil Education

Education:

Crystal Therapy Education (An Angel's Influence Healing Center) 1999
Energy Medicine (Quantum Energetics) 2008
UW Lacrosse (Communications)

References:

Listed with the American Holistic Medical Association for Energy Medicine, Quantum Energetics & Crystal Therapist

Testimonials:

"Kimberly is a breath of fresh air and an abundance of energy with whatever she touches. I have had the pleasure of working with Kimberly on a variety of projects since 2008. She has always carried herself with the highest of integrity and respect for her business and others. Anyone would be privileged to work with her directly or indirectly."

— Brenda Eng-Rankin

"Kim was very enthusiastic and engaging from the moment we began our session together. Her approach is both positive and empathetic, and at all times she encourages growth through personal acknowledgement and fosters aspiration to a higher sense of self. Her energy is contagious!"

— Rändi Fay

"Kim N Jennings is a highly recommended health advocate whom is very knowledgeable in her field of healing and health aides which heal the whole body with holistic and health ways of living. She has been in this field for some time helping people heal from inside out. I would highly recommend her for the work in which she does."

— cory ulbrich

"I have had the honor to work with Kim and experience her wonderful gifts as a healer and a creator. Not only did she create a beautiful center that allows many lights to shine at. She also creates beautiful jewelry that I love dearly. The energy she brings to her jewelry is amazing and healing. As a Crystal reader one receives information and jewelry to wear to assist in balancing energy. I have never met someone more gifted in this area and I look forward to spending more time with Kim and sharing in all her gifts to the world. I recommend her work highly!"

— Susan Reis

"Kimberly N. is a top notch energy practitioner. Her solid knowledge of her art lends not only to her credibility, but the overall experience. She is compassionate, thoughtful and honest. She is truly doing angel's work."

— Heather Holmes

"Kimberly is awesome! I have hired her for many different things since 2008. Currently she is helping me re-shape my life, health, and mind set. I would recommend her to anyone that is looking for something different or may have a huge stress in their lives that they wish to handle in a non-medication way."

— Brenda Eng-Rankin

"Kimberly is a very professional, energetic and motivational person that I enjoyed working with in the past. I would highly recommend Kim in any type of profession, especially sales due to her passion to make clients happy and satisfied with her product or services. She will give 110% of herself in order to get the job done."

— Leslee Hein, Owner, Chaise Reincarne